



THIS IS A CO-OP TYPE PROGRAM CREATED BY INDIVIDUAL GYM OWNERS AND DIRECTORS TO AID IN THE DEVELOPMENT OF ALL LEVEL GYMNASTS

THIS PROGRAM IS DESIGNED TO HELP BRIDGE THE GAP BETWEEN HIGHLY COMPETITIVE PROGRAMS AND RECREATIONAL PROGRAMS IN YOUR GYM

PARTICIPATING GYMS WILL HOST YEAR-ROUND NON-SANCTIONED EVENTS IN WHICH ALL ATHLETES HAVE THE CHANCE TO BE SUCCESSFUL

THIS PROGRAM RECOGNIZES THE NEED TO CELEBRATE AND REWARD ATHLETICISM THROUGH GYMNASTICS ACCOMPLISHMENTS

IT ALSO RECOGNIZES THE NEED FOR SMALL BUSINESS LIKE OURS TO WORK TOGETHER AND SUPPORT EACH OTHER

PRE-COMPETITION TEAMS THAT NEED TO GET THEIR "FEET WET" AND FIND OUT WHAT A MEET IS ALL ABOUT WILL BENEFIT IN THE POSITIVE REWARDING ENVIRONMENT THAT WILL BE PROVIDED AND IS ESSENTIAL IN SETTING THE STAGE FOR SUCCESS

REC CLASS STUDENTS THAT WANT MORE THEN JUST YOUR "SHOW OFF DAY" CAN PARTICIPATE WITHOUT THE COMMITMENT THAT TEAM PROGRAMS COME WITH – THUS ENHANCING THEIR EXPERIENCE AND LONGEVITY IN YOUR PROGRAMS

ANY TEAM MEMBER THAT IS COMPETING A NEW LEVEL, TRYING A NEW ROUTINE OR SKILL FOR THE FIRST TIME, OR EVEN A GYMNAST COMING OFF OF AN INJURY CAN BENEFIT FROM BOTH THE PHYSICAL AND MENTAL READINESS THESE MEETS WILL PROVIDE

AS THIS PROGRAM GROWS, SO SHALL OUR MISSION AS IT IS DESIGNED WITH THE BETTERMENT OF THE SPORT IN MIND. THIS IS NOT A STRESS FILLED PROGRAM, NOR IS IT MEANT TO REPLACE EXISTING GYMNASTICS DIVISIONS

RESPECT FOR EACH OTHERS GYMS AND STAFF WILL BE UPHELD AT ALL TIMES AND WILL ALLOW FOR THE OPPORTUNITY TO PRACTICE WHAT WE PREACH TO OUR ATHLETES...TEAM WORK IS THE ONLY WAY TO MAKE THINGS WORK!